

Windjammer's Beachfront Café

Juices

Orange, Grapefruit, Tomato, V-8, Apple, Cranberry, Prune, Pineapple or Grape \$4.25

Continental Breakfast

Choice of chilled juice or fruit, Croissant, Danish, Chilled Season Melon \$4.50
or English Muffin, Coffee, Tea or Milk \$9.50 Fresh Seasonal Mixed Fruit \$5.25

Fruits

Rad's Health Break

Health Shake \$7.25 **Yogurt Quick Break** \$7.75
Blended strawberries and bananas Low cholesterol yogurt accompanied by
with low fat milk and a splash of honey. Fresh Fruit and a granola bar.
Accompanied by a granola bar.

Egg Beaters

Low cholesterol eggs fixed the way you want,
Accompanied with your choice of toast.

\$6.75

Omelettes

Omelette

\$10.95

Three egg omelets served with island potatoes, toast or biscuits which **includes your choice of two ingredients:**

Bacon ~ Ham ~ Sausage ~ Chorizo ~ Shrimp ~ Tomato ~ Onion ~ Potatoes ~ Green Peppers
Mushrooms ~ Refried Beans ~ Cheddar Cheese ~ American Cheese ~ Monterey Jack Cheese

(add .75 extra for each additional ingredient over first two items selected)

Breakfast Classics

Migas

\$9.95

Crispy corn tortilla bites scrambled with eggs and topped with Monterey Jack Cheese. Served with refried beans and a side of salsa.

The Traditional

\$9.95

Two eggs, any style, with your choice of bacon, sausage or ham and island potatoes.

Huevos Rancheros

\$9.95

Two fried eggs on a fried corn tortilla with refried beans and salsa.

Isla Eggs Benedict

\$13.95

Two poached eggs and ham served on a toasted English Muffin, topped with hollandaise sauce and served with island potatoes.

Croissant Sandwich

\$8.95

Large croissant served with scrambled eggs, ham and cheese.

The Grand Tortilla

\$10.95

Large flour tortilla with scrambled egg, served with salsa (with choice of two ingredients from omelet section)

Texas-Style French Toast

\$8.95

Dipped in cinnamon batter, rolled in crispy Corn flakes and grilled to a golden brown

Hot Buttermilk pancakes (Wheat or Regular)

\$8.95

Served with maple or blueberry syrup. Topped with strawberries or blueberries (**1.25 extra**)

Steak and Eggs

\$15.95

6 oz. sirloin steak with two eggs, any style, and island potatoes.

Belgium Waffle

\$9.95

Served with maple or blueberry syrup.
Topped With strawberries or blueberries (**\$1.25 extra**)

Oatmeal

\$6.95

Served with brown sugar and raisins.

Bakery and Cereals

On the Side

White, Rye or Wheat Toast	\$3.50	One Egg	\$3.95
Hot Biscuits	\$3.50	Crisp Bacon	\$4.75
English Muffin	\$3.75	Grilled Link Sausage	\$4.75
Flaky Croissant	\$4.50	Grilled Ham Slice	\$5.25
Breakfast Pastry	\$4.50	Grits	\$2.75
Assorted Cold Cereals	\$4.25	Tortillas	\$2.75
<i>~ with bananas or strawberries ~</i>	\$5.50	Island Potatoes	\$4.25
Yogurt	\$4.25	Granola Bar	\$2.75

Beverages

Soft Drinks, Coffee, Decaffeinated Coffee, Tea, Milk, Skim Milk or Hot Chocolate \$3.25

Windjammers Breakfast Buffet

Every Saturday and Sunday 8:00 am 'til 1:00 pm \$14.95

